

Conversation In Silence

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Abstract

This creative visual art thesis, "Conversation in Silence". Consist of: two purposes, that is to study inspiration, by feeling accept reality and the observation in everyday life through experience and from contradictions of myself, hidden through postures, gestures sitting, with a contemplative face, the expressions of the inner state and mood of every human being that I have ever seen and met, the surrounding spatial factors such as light, sound and weather form the story, with layers and contours, lines and colors all of which are realistic and natural.

In order to create visual art in an impressive, semi-abstract, fusion style expressed in the form of expressing the character's characteristics and thoughts, integrated in a given space, using color, line and descriptive techniques to convey my thoughts, thoughts and feelings through the characters. This creative activity is collected field data, documentary data, other information sources and media, and is more or less influenced by the creative work of Vietnamese and foreign painters. The data sources have been researched and analyzed in detailed, specific and clear to illustrate the themes and build images and other forms of expressions, through techniques and logical and logical processes to satisfy the concept and special features for the work. All in a perfect harmony summary with concept, purpose and scope of creation.

To convey the content that the topic is directed to is the inner inner heart of each person, clearly see the value of slow life, the value of relaxing moments, enjoying the flavors of life, enjoying the peace of mind, Towards the holy and perfect beauty. The result of this creation are the personal discoveries of the creator and it also gives a new look that is quite special.

Keywords: Conversation; Silence; Space; Thoughts;

1. Introduction

I was born and raised in the suburbs of a small coastal city with wide open spaces and friendly neighborhood, where people often show consideration to others and support each other in difficult times. The city has a spacious and airy feel to it, without any environmental problems especially noise and light pollution.

When I grew up, studying, working and living in a larger city, I witnessed the transformation of the urban area. Life is cramped and space is engulfed by high-rise buildings and modernization, gradually

revealing the inequality between rich and poor. Residents in the central area due to economic development have moved away from the city, making way for projects and urban restructuring. Living spaces are shrinking. The alleys seem to be narrower and more concrete.

People were active from early morning until late at night, slipping into the fast rhythms of life. They rarely communicate and meet others directly. If there happen to be any meeting, it would be ill-prepared and in a hurry. Everything continues day in and day out in the same rhythm.

Such a busy and hectic society, there still exists somewhere a narrower urban space, the alleyway, where the slow rhythms are less affected by the general trend. Life goes by gently with the company of close and friendly neighbors. There is still somewhere a little remnant of regional culture which contains the cultures of many regions and different cultural beliefs. Time still moves a little bit, lingering on the trees and the gray walls of the surrounding buildings....The alley is like a tube or a layer which contains multi-coloured cultural features.

In those remaining spaces (alleys and lanes) life still goes on with various jobs and professions, but in a certain respect, coffee is still a unique cultural feature of the city in general and alleys in particular in different times of the day, the strong flavor and nice smell of coffee evokes strong feelings in me in the morning when the sun starts rising and the shadows of houses and trees start moving and dancing in the wind; the vehicle sounds start from a single noise and then grow louder and becoming a mix of rumbling noises... That mix of sounds continue whining and choeing throughout the day.

The activities and sounds on the streets seem to be part of the busy day-to-day life. The city is waking up. Among several ways of coming and going, coffee is one of them. It helps me stay alert, awakening my senses - taste, hearing, smell and sight...

It is where the stories begin... with a range of emotions, highs and lows... Concentration perhaps brings a sense of peace and quiet to the space so that we can wind down, enjoy our coffee and observe life.

The vague memories and overlapping broken lines of thought, the noise of the city becomes a habit like everyone's breath of life. I deal with that turbulence and chaos with a contemplative monologue and being still in that string of opposing sounds by interweaving inner thoughts and emotions with experience.....I observe, contemplate and refine.

Sequencing and going through life events with abstract and random ideas like the trains of thought, innocent and pure color patches that are overlapping and obscured as well as the messy and densely interwoven lines and

patches to describe the innermost feelings randomly hidden and shown on the faces that are combined together and bumped into each other like blurry movie tapes, reflecting the massy intrusiveness of people in the city, the ego of every person, the contradictions and opposites...The flow of life, the loneliness in the mind, the romance, the love of our own lives, places and habits. A slow pace of life makes the years feel longer...

I love the urban life as such with a wide range of emotions, colours, patches, upward and downward strokes, the spaces and the places where I am and where I used to live, finding peace in my soul through contemplation-distilling, condensing, forming, and letting go...

Watching the streets and the flow of people is to slowly enjoy the sound of life, while elegantly enjoy a cup of coffee.

Sitting still is not the same as being inactive. We are only inactive physically, but there are strong and powerful activities inside each person.

2. Objectives Of The Study

2.1 To study the face shapes, the sitting postures and the inner mood of each person in general and myself in particular, the city space as well as urban light and sound and seasonal colors as parts of my compositions.

Through this process, I focus my research on the beauty of visual elements from different facial shapes, postures and figure shapes from different angles and in different lights. I also use several overlapping and multi-dimensional lines, introducing conflicting and contradictory elements as well as overlapping and glowing effects to create abstract and expressive art works in space.

2.2 To create the visual arts which was I get the inspiration for creativity from my own thoughts and life experience, using my own talents, to create my own works. Through my paintings, I cover various aspects of the urban life where I live, with personal emotions expressed through colors and strokes. I want to evoke the most genuine emotions in viewers so that when looking at the paintings, people can sympathize and see themselves in it.

3. Scope of Creation

3.1 Content

Content Researching different characteristics, light colors, sounds, moods, relevant postures and body shapes, which affect everyone's state of mind, the silence or noise.

3.2 Form

Form Based on the body forms and faces I have encountered somewhere both unconsciously and in reality, the faces and body shapes convey the plot and emotions.

3.3 Techniques

Employing impasto technique with palette knives, I express the thoughts that have in mind, with my personal inner feelings at the time.

Suitable for the characteristics of acrylic paint and the sudden rushes of emotion at the thoughts to elaborate and let loose, making the paintings overwhelming and gentle to the viewers like the character's personality...

The color gamut is freely chosen to express the lines of thoughts in harmony with the theme that I am exploring, with my personal feelings.

The clarity of vivid and bright colors in parallel with the dark and soft ones, expressing the tangled inner emotions.... the shapes and lines create a feeling of movement ...

The shapes, colors and lines trigger free associations for viewers.

4. Conceptual of Frame Work

With the inspiration and life experience, the typical regional cultural features, the comparison and interaction between the space and environment where I were born and the urban space where I live, with intuition and perception expressed through visual elements and aesthetic thinking.

With the life input and pictures of daily activities as well as observation, sketches and photographs of walking, standing and sitting postures. Other activities in alleys, in the separate and distinct space of cafes, and image resources from the internet..

Researches and books on the states of mind and moods of human beings, studying materials on body language...

Referring to the relevant works such as paintings by Picasso, Vincent van Gogh and some other authors.

Quotes and theories of beauty in reality as well as in abstract thinking from philosophers and world famous painters.

Books about stillness and the art of stillness...Dialogues with language and silence.

Pantomimes and symphonies through which we can access high vibrational feelings and

share the subjective impressions about the content

Exploring and studying expressionism and abstract styles in art in general and fine art in particular.

The language of lines and different types of them. Studying the palette knife painting techniques, how to prime canvas for acrylics and oils, a few techniques of applying thick layers of pigment and creating new styles... thereby arranging the structures, lines and colors and highlighting the content of the work.

5. Definition of Terms

Facial expressions: One or more motions or positions of the muscles beneath the skin of the face. These movements convey the emotional state of an individual. Facial expressions are a form of nonverbal communication. They are a primary means of conveying social information between humans.

5.1 Expression: The action of expressing feelings such as joy, sadness, and conflict in many forms.

5.2 Body language: represents a type of nonverbal communication which exists in parallel with verbal speech, but it includes emotions and most of it happens at the subconscious level.

5.3 Abstraction: is a generalization in thinking, based on the properties and relation between more or less different, conflicting and contradictory things.

5.4 Conversation: It is a conversation with myself, the surrounding space, listening to the sounds of life

5.5 Silence: Inside, the tranquility and stillness of the soul

6. Creativity methods

This chapter illustrates the outline of the research design and procedure. The process of the research is concluded from chapter two and other frameworks related to [Conversation in Silence]. This creation will be presented under the following topics:

6.1 Collection and Analysis Data

6.1.1 Data Collection

The data is collected from documents from different sources, paintings by world famous artists, based on the themes and consistence with the original inspiration with the emotions that have been formed in the formats that I have chosen

The material was actually collected and studied the issues that interest me, such as the faces, the moods, the sitting postures of the characters observed at the scene, recorded by taking photos, the sketches in different angles that interest me or let my emotions follow them to feel and somewhat analyze and understand better what those poses convey. Study through the works of domestic and international artists, sources from the internet, the Wikipedia (in Vietnamese)

Mime plays, by observing their gestures and language expressions refer to body language literature, commentary articles and mood analysis of famous body linguists through gait and standing....

Magazines specialized in fine arts, fashion and urbanism.

6.1.2 Data Analysis

A) Analysis of theme

Images and data sources are filtered and analyzed to highlight the story content that needs to be described and aligned with the topics and concepts that interest them, such as group conversations such as family, young couples, or people sitting individually, the space and the surrounding landscape affect the stories and moods of the characters that I observe.

Based on that data to develop arrangement of images into a layout based on built-in concepts

The colors are analyzed in terms of cold, hot, low and low, light and dark according to the theme and content of the story, etc.

Select and experiment with materials, analyze and create expressions to harmonize in a painting composition that you need to develop.

B) Analysis of form symbols

By visual perception through observation, condensed by arrays and contours and patches of light on the face, through studying the proportions and shapes of male and female facial anatomical structures, lines sharpness and ambient light... To find and develop shapes from actual models through the process of creative experimentation with sketches to build character images that convey the meanings of certain themes and concept

Use deep colors, downright lines to express unhappy moods, and vice versa, use fresh colors, strong lines to create joy, or mix and match to express. about space and time, in order to convey the messages and contents that

need to be reflected through visual language or visual arts.

C) Analysis of techniques

Using different layering techniques, combining oil colors and acrylics, experiment and analyze to achieve desired concepts, and requirements.

The characteristic of acrylic material is that it dries quickly and has elements such as thin and transparent, Soft and can be rough and convex to create effects of expressing emotions and introspection.

Fresh, bright colors, quiet, mellow tones, overlapping arrays and interlacing expressions of the inner, etc. the arrays and strokes create movement and displacement and the combination of lines creates an association that matches the theme that I chose.

6.2 Visual Arts Experimentation

Through previous courses such as experimenting with visual art, advanced creative drawing, I have partly gained a new perspective on expression in lines and tones, combined with the practice of research and analyze, creative work on materials such as oil paint and acrylic through lessons, experiment with different techniques to find the effects of color, light, dark, mache, etc. Use tools to create tones, use hard trowel to scrape off color, use soft trowel to cover and glide colors to create a soft and colorful feel, combine brushes to mix colors directly on the fabric, and color to create blends and bonding. Use paint to emboss some textures that need to be raised, or create streaks.

Creative experimentation with materials to discover more expressive, emotive forms of expression that accentuates and resonates with content that needs to be described, evoked conflict, or deepened calm or intense, etc. Step by step from simple to complex, integrate connections, long and short, fair, etc. To create a visual effect that you want to achieve with aesthetically pleasure and most impression.

6.3 Creation Process

6.3.1 Sketches/ Model

Sketching is the first step after field study to find the materials and topics of the body shapes as well as the face, the space, etc. that I want. then there are thoughts, different ideas, analysis of images on that topic to form content and build layouts, lines, arrays of colors, which are generalized and filtered to recreate realistic

images, with imagination and aesthetic thinking, to create a picture with many visual elements that you desire and are appropriate. Thoughts

and all that have been formed, are once again sketched on paper through pencils, watercolors, charcoal, etc. or projected onto canvas directly.



Figure 1: Sketch shape 1



Figure 2: Sketch 2

6.3.2 Material and Equipment

Starting with ready-made materials, pre-stretched frames and canvas, through technical tests such as applying, layering light colors first, overlaying dark colors on top, using a hard trowel to scrape to create a flushed effect. color, or apply color on the paint layer that has not

dried with a brush, etc. depending on the artwork content to use different techniques to create effects, combine dry, wet, solid or liquid drawing to find modules and textures, block lines to follow the direction of the array and that stroke creates a visual effect and the focus needs to be highlighted, expressive and impressive style.



Figure 3: Large and small paintbrushes and rollers of all kinds

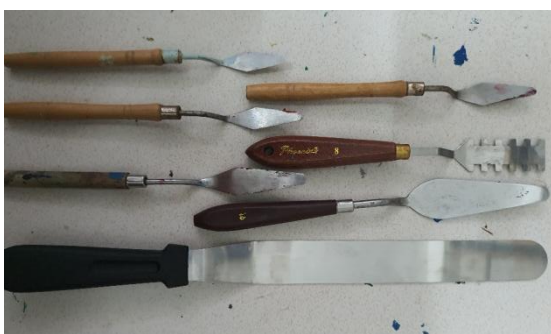


Figure 4: Drawing knives of all kinds hard and soft



Figure 5: Marie's Acrylic Color - 500ml



Figure 6 UK made oil colors – Georgian Daler Rowney & France made oil colors Pebeo Huile Fine 250ml/ tube



Figure 7 China made Marie's Glue and topcoat - 1000 ml
Mont Marte Gesso 500ml/ a box

6.3.3 Step of Creation

Step 1: Cover the fabric with a layer of yellow and white.



Figure 8: Step 1
Step 2: Paint and color liner.

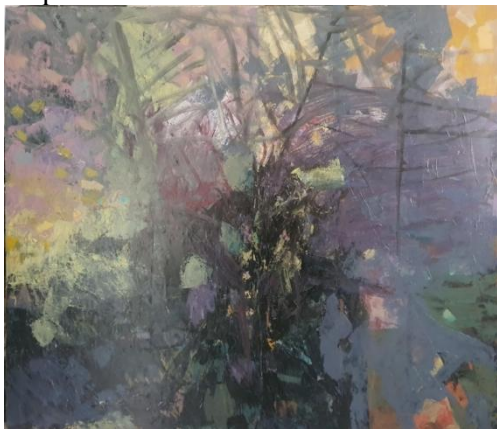


Figure 9: Step 2
Step 3: Drawing and zooming according to previously built outlines.



Figure 10: Step 3
Step 4: Paint overlays and scrape layers, adjust the light and dark shades.



Figure 11: Step 4
Step 5: Editing and finishing works.



Figure 12: Step 5

6.4 Dissemination Process

- 6.4.1 Writing documents in supplement to creation
- 6.4.2 Publication of Thesis articles in journals
- 6.4.3 Disseminating works in art exhibition

7. Summary

7.1 Inspiration starts from the experience in daily life and the places that we have been to, passing and living, In a society that is always bustling and hectic, somewhere else there is another space in a narrower urban area that is an alley, still taking place in slow rhythms, less whirling in accordance with the general trend, it coexists with the bustle of the city, the daily life is still going on with different jobs and professions. Bringing all the emotions of joy and anger, of a day, but gently and slowly without the hustle and bustle, it contrasts with the excitement on the outside, as the inner

personality of a person. People are sometimes lively and noisy, sometimes contemplative.

The sound of the city becomes as habitual as the breath of everyone's life. I exploit that turbulence and chaos with contemplative monologue, still in the inner and experientially opposing sound series. Interweaving, observing, contemplating, distilling and concluding and letting go.

The string stretches throughout, with abstract ephemeral concepts such as lines of thought, innocent and clear colors overlapping and appearing, the entanglement and interlacing of arrays, contours, light... To describe the inner depths of people.

Urban life with many levels and colors, up and down lines create a multi-dimensional, multi-emotional, multi-language with different ups and downs creating a natural, harmonious layout and impressive in both content and form.

The movement of people, the light of the night, the climate and the environment are the catalysts that create many strong emotions and inspirations for me to exploit and create the inner movement and movement.

7.2 Thoughts and experiences in life are the elements to build and form your own paintings. Expressed and narrated through paintings, I

exploit all aspects of urban life where I live, with inner emotions through colors and lines. Layout and materials such as acrylic, oilcolor, combine techniques, impressionistic and semi-abstract forms, to convey the content that the topic is directed to is the inner inner heart of each person, thereby wanting giving viewers the most genuine emotions that when looking at people can feel, sympathize and see themselves in it. Clearly see the value of slow life, the value of relaxing moments, enjoying the flavors of life, enjoying the peace of mind, Towards the holy and perfect beauty.

8. Conclusion

This creative visual art thesis with the theme "Conversation in Silence". Derived from inspiration from my own experience of space, culture and behavior. The place where I live, The concept of creation is based on the feelings, thoughts and imagination of the individual, generalized and exaggerated through paintings of art, In order to express the desire to create a different perspective and value that is more meaningful in life. Inner monologue in silence, to be able to "listen to yourself" and the world around. These issues are presented in conclusion under the following topics:

8.1 Results of Data Analysis : Research results on postures while sitting, face narcissistic, the the inner state and mood of each person, it is linked to reciprocal interactions each other and form their own character and language of that shape, context and space space as well as sound, ambient light also contributes to highlighting and exuding Different stories from different layouts. The color and climate of the seasons of the year also influence and create the characteristics different ways and moods, contradictions and inner conflicts of each individual, such as day and night, sunny weather, the beauties of visual elements from the mold shape angular aspects of poses at many angles, space and time through lights. Different colors create many emotional dimensions, combining deep colors, or light colors, gentle lines, strong ends definitively to describe the sadness fun, or mix and match to descriptions highlight the central theme.

8.2 Results of Creation: Through the learning process along with feedbacks, discussion and suggestions from advisors and experts, personal research in the form of artistic experimentation, expressed through works of art, I want to send the message that society is always in motion. Constantly moving and always noisy, but each of us needs time for our own silence, sometimes we should stop to change, listen to our body, our heart and enjoy the flavors as well like the sound of life. The inspiration and emotions come from the actual environment where I live and was influenced by predecessor artists. This concept of creation is a bunch of 08 artworks based on emotions and feelings. Personal thinking is expressed through the main content throughout, which is stillness, peace of mind, self-talk, silent monologue, listening to the sounds around you, arrangement and integration. The most stylized and generalized shapes reveal the theme and story content of each painting based on impressionist and semi-abstract art forms. According to the concepts and influences I have composed with my feelings and understanding of the same subject matter but different methods and expressions suitable for each particular painting. The steps have had their desired development and are gradually on the right track. The work has had specific and clear results through paintings 01 to 08. It can be said that all are conceived, conceived, and expressed strictly, according to a scientific and reasonable process. The paintings are the full exploitation of the use of the element of lines, pieces, colors and techniques. All harmoniously form a complete whole with creative content, ideas and purposes.

9. Discussion

The results of creativity have been discovered, which indicate:

9.1 Results of Data Analysis: From the data collected through the information sources, documentary data, influence from creative activities of Vietnamese and international artists such as: Painters Tran Luu Hau, Nguyen Khanh Toan, Painters Paul Cezanne, Vincent van Gogh (Netherlands), Edgar Degas (France), Paul Gauguin. More or less I have had a strong influence and sympathy through the contents, spatial images and color of lines as well as their style. In the book "Silence: The power of silence in a noisy world." Monk Thich Nhat Hanh has a passage that was written that "It is a miracle to live, walk on earth and exist, but we run to find happiness in a faraway place like there is somewhere good. more beautiful than that, we spend a lot of time looking for happiness while the world around us is full of mysteries, the beautiful drawings of heaven and earth are calling us every hour and every day but we rarely hear Yes, to be able to feel and hear we need silence. If we don't have the silence ourselves, our bodies and minds are noisy and chaotic, we can't hear the call of that beauty. There is an active radio station in our head, it's NST (Non Stop Thinking) radio - our thoughts are constantly on, our mind is full of noise) so we can't hear the call of life, the call of love, my heart is calling to me but I do not hear. I don't have time to listen to my heart."

The American novelist, literary critic, and psychotherapist Paul Goodman once stated that: "There is the stupid silence of indifference, the profound silence of awareness to nourish the soul...and the silence of harmony with others or communion with the universe."

Kant said, "Beauty is the harmony between the natural world and the spiritual world, between imagination and reason." It also contains mysterious spiritual colors. It is not in this world but is higher above the world, no one can touch it but can only feel it, towards it. Silence is the space of mental activity. Thanks to that, there are masterpieces, nobility, understanding, maturity, recollection... Writer W. Goethe identifies: "Talent is nurtured in solitude, while character is created by the raging waves of life's storms." Seeing other people meditating, should not interrupt their

line of thinking. Silence at that time was really necessary and meaningful.

Derived from some of the points and creations of the aforementioned artists, from personal emotions, explorations and practical experiences through creative experiments. From there, paintings were formed and developed according to the following processes and stages: Making sketches based on thought and calculated imagination, finding the right techniques, style of expression and then the work related to the painting of representation such as shape, structure, lines strokes and colors, time and place...

9.2 Results of Creation : During the research and creating, I have gradually formed and have basically shaped my own style. Some paintings have conveyed some emotions, content and closely related to the research topic. Throughout the creative experimentation in this period, the focus is on the content of stillness, contemplative monologues, listening and contemplation towards inner peace and relaxation, with the influences of the themes Impressionist, post-impressionist and semi-abstract meanings are intertwined. Inspired by the content and form of expression from a number of paintings such as the "The Boy in the Red Vest" by Paul Cézanne. He painted four oil-painted portraits of this Italian boy in a red vest, all starting with the boy's different moods and poses, which allowed him to study relationships. relationship between the figure, the colors, the pieces, and the space around it. Or the content in the painting: "Two Women Sitting in a Bar" (1902) Describes two girls from behind sitting in a bar, one seems to be drunk, has a feeling of being in a lonely i'm wondering about it, i'm not sure, the girl sat with her head bowed as if waiting for something that won't come tonight . The artist picasso conveyed, what he could see was not only two withered backs but also sadness in his heart. Under the neon light, the color streaks on the two girls' backs seemed to move slowly in the blue color, creating a cold and lonely feeling. Expressive forms to express emotions and content in the paintings of artists have had a strong impact on my emotions, creating excitement and excitement to experience, study, learn and operate. Using it in my paintings to bring it closer to what I want, I have been able to convey my emotions based on the

lines and expressions of shapes and faces... through her paintings. themselves, the following paintings always rely on the previous painting, take inspiration and the previous paintings have not been edited to gradually perfect and thus form a continuation throughout the creative process. Kahlil Gibran, a famous American writer and philosopher once said: "Although the tumult of language like a tidal wave will forever be at our surface, the depths of our souls are forever quiet" in a sense this is consistent with My themes, in my inner paintings, are exploited and expressed through different angles, depending on the content of each individual painting, to use lines, colors, light and dark streaks (Fast and slow). , overlapping, short, long, straight or random...) involves the imagination and the flow of thoughts and emotions at that time, drifting along with the content and topics you are pursuing and aiming for by means of different transmission effects.

The quiet space of the night, the side of a cup of coffee and its taste plus autumn make it easier for people to express and express their emotions, more clearly and specifically, through body language, the seasons also create The space and color of my own feelings and moods are inspired by two verses of poet Nguyen Du:

"What scene does not wear sadness

How could it be cheerful when one was in grief".

It is the specific impact of landscape space and people, conveying the love and intentions of the characters, the season also affects through the songs of musician Phu Quang in the song "Em ơi hà nội phố" with paragraph: "...I still have you orphaned tree in winter, I still have you on the roof of the orphaned town in winter, the orphaned moon in winter, that winter, the sound of the piano in the house falling down, after the funeral, the stars still echo the sound of the stars. The bell rings, I have you a time blue...". Therefore, in the creative process, I always combine surrounding elements to further resonate to highlight the content to be conveyed as in the paintings " Quietly with golden autumn" and " Monologue night" . Art researcher - critic Le Quoc Bao wrote "Artwork not only reflects the outside world, but more importantly, it also expresses

the inner world - the inner world, the psychology of the characters created by the artist. the artist describes, the artist's own psychology - the artist discovers and addresses the problems of social psychology". through which I find that the paintings " Han River Romance" and "Quietly in the apartment" are consistent with theses.

9.3 The new finding/ the new knowledge: Research process I have had my own experiences, all stages and steps from collecting and researching to ideas, plot content, line colors... The forms of expression must be thinking, filtering, absorbing and understanding in the most profound way maybe to form in your own thinking, not being too attached to theories and trends, schools... But let's drift with your emotions, soar and follow the stream of thoughts at the morning time. Only then will the creative results reflect the personalities and characteristics of the individual, making them different, more natural and emotional, because according to the general concept, colors as well as lines have different characteristics. its own mood, nuance and language of expression. Therefore, every stage to form a certain painting requires careful and skillful preparation, based on many different influences and researches to form a personality and style of its own. the dancing freedom of emotions.

9.4 The effects or reaction on social or technical field. The beauty in art more or less brings certain values of truth and beauty, but usually in painting works it is necessary to empathize and feel more than that which is the invisible string connected between the two. creators and viewers of the painting, does every painting as it emerges have its own merits and any impact or reaction from society, or from academia? In the current information technology era, bringing information to viewers and spreading it is too quick and easy. But in my personal opinion, apart from my own feelings, the core problem still the cultural style, the important factor is the economy and the public's aesthetic perception in art in general and painting in particular.

10. Recommendation

With the results obtained through this research, I think that it can be further developed and deepened, when the inner problem of a person is still too mysterious and complicated, it can be

explored. Explore more and delve into a specific topic in your own emotional state of anger and rage through dialogue with yourself through other forms and forms of expression in the visual arts.

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