## The Complex Relationship Between Religion And Hate: A Review Of Extremist Approaches And Counter Narratives

Dr. Abdul Muhaimin<sup>1</sup>, Anila Mustafa<sup>2</sup>, Muhammad Hayat Khan<sup>3</sup>

#### **ABSTRACT**

This review article explores the complex connection between religion and hatred, focusing on the ways that extremist groups use religion as justification for their violent and discriminatory actions against marginalized communities. To promote their views, extremist groups employ a variety of strategies, including propaganda, the appropriation of religious texts and symbols, and social media. In order to gain sympathy, they also portray themselves as victims, and they use religion to legitimize their behavior. Counter-ideologies that encourage acceptance, respect for one another, and interaction between different religious and cultural groups are suggested as a means of combating these extreme narratives. These activities include grassroots campaigns, interfaith dialogues, and the promotion of alternative readings of religious texts. In the end, the piece makes the case that while religion can be a positive force, it needs to be properly controlled to prevent it from sliding into the traps of fanaticism and hatred.

Key Words: Religion, Extremism, Hate, Counter Narratives, Interfaith Dialogue,

### I. INTRODUCTION

In society, religion has always had a complex and frequently contentious role. For millions of individuals all across the world, it can be a place of solace, direction, and community, but it has also been exploited as a weapon of hatred and division (1). There has been much violence, prejudice, and persecution throughout the long and tragic history of religious struggle and fanaticism (2). Religion has been cited as a justification for some of the worst atrocities in human history, from the Crusades to the Inquisition to the more recent development of extreme groups like Islamic state in Iraq and Syria (ISIS) (3).

There are numerous variables at play in the delicate relationship between religion and hatred. Religion can, on the one hand, be a strong force

for good, encouraging followers to treat others with kindness, compassion, and generosity (4). In a confused and chaotic environment, it can make people feel as though they belong and give them a feeling of meaning and purpose. Religion, however, can foster hatred, bigotry, and violence when it is misrepresented or manipulated for ideological or political ends (5).

The way that extremist groups have exploited religion to support their acts is one of the most alarming elements of the connection between religion and hatred (6). In order to justify their violent and discriminatory activities against marginalized people in the name of a greater cause, these organizations frequently turn to religious scriptures and symbols (7). Al-Qaeda and ISIS, for instance, have exploited Islamic scripture to support their attacks on civilians,

<sup>&</sup>lt;sup>1</sup>Assistant Professor, Department of Islamic and Religious Studies, The University of Haripur.

<sup>&</sup>lt;sup>2</sup>Lecturer, Department of Islamic and Religious Studies, The University of Haripur.

<sup>&</sup>lt;sup>3</sup>Lecturer, Department of Islamic and Religious Studies, The University of Haripur.

whereas white supremacist organizations have used Christian speech and symbols to support their animosity against non-white and non-Christian people (8).

Extremist organizations employ a variety of sophisticated tactics to incite hatred and polarization through the use of religion. They frequently employ propaganda and other types of media to propagate their message, as well as the distortion of religious scriptures and symbols (9). These organizations might also employ social media and other online venues to draw new members and spread their ideologies. In extreme instances, they may even carry out overt acts of terrorism and violence to further their goals (10).

There have been several attempts to refute these claims and advance a more inclusive and peaceful society, despite the alarming development of extremist groups using religion as a weapon of hatred (11). These counter-narratives frequently advocate for tolerance, mutual respect, and communication between various religious and cultural groups. They might also entail the creation of new, compassionate, loving, and socially just interpretations of religious texts (12).

This review article will examine the numerous methods that extremist organizations employ to incite hatred and polarization by appealing to religion. We will investigate these groups' various ideological and political objectives as well as the social and cultural environments in which they function. We will also look at the numerous counter-narratives that have been created, from interfaith dialogues to grassroots activity to more institutionalized efforts by governments and civil society organizations, to confront and destroy these radical ideas.

We will present an advanced understanding of the complex relationship between religion and hate through a thorough analysis of the literature. We will examine the many causes of the formation of extremist organizations that use religion as a weapon of hatred as well as the difficulties that must be overcome to advance a more accepting and peaceful society. In the end, we will contend that while religion can be a strong force for good, it needs to be carefully understood and regulated to avoid the traps of extremism and hatred.

#### **II. EXTREMIST STRATEGIES**

### A. Framing the group as the victim.

Extremist groups often present themselves as the victims of persecution or repression as one of their most potent marketing techniques. They are able to win over people who might not support their objectives by framing the situation sympathetically and in their favor (13). Extremist organizations frequently employ this tactic in religious settings to defend violence against erroneously identified enemies (14). As an illustration, consider how religious arguments have been used to support terrorist acts like suicide bombings (15).

. This strategy's success is also influenced by psychological elements like the need for identity and belonging. By providing a sense of belonging and purpose to their followers, extremist organizations cater to these demands (16).

### B. Using religious texts and symbols.

Extremist organizations frequently use religious texts and symbols to further their objectives. They apply selectively interpreted religious doctrine to support their aggressive or discriminating behavior (17). In other instances, they even develop original, historically unsupported interpretations of religious scriptures (6).

Religious leaders and academics who can offer alternate interpretations of religious texts must actively participate in combating this effort. These leaders can discredit the extremist narrative and stop their followers from being

Dr. Abdul Muhaimin

misled by advocating a more nuanced and truthful understanding of religious teachings (18).

### **III. COUNTER NARRATIVES**

Creating and promoting other narratives that place an emphasis on love, compassion, and inclusivity is one of the most powerful methods to combat narratives of hate and extremism that use religion as a tool (19). These counternarratives frequently promote tolerance. comprehension, and communication amongst various religious and cultural groups. They might also entail the creation of alternative, compassionate, loving, and socially just interpretations of religious texts (20).

Collaboration and interfaith discussion are two methods for creating counter-narratives. These efforts strive to develop mutual respect and understanding between people of various religious backgrounds while also challenging the narratives of hatred and division that underlie extremist beliefs. The formats of interfaith discussions can range from formal gatherings of religious leaders to grassroots initiatives (21).

Promoting alternate interpretations of religious texts that place an emphasis on the principles of love, compassion, and social justice is another successful strategy (22). These counter-narratives can aid in displacing the prevalent stories of hatred and extremism by offering a more accepting and constructive image of religion (23). For instance, some academics and religious authorities have created feminist and liberationist readings of religious scriptures that emphasize the equality and dignity of all persons, regardless of their gender, ethnicity, or religion (24).

Governments and civil society organizations have made institutionalized attempts to spread counter-narratives to extremism and hate in addition to these more grassroots methods (25). For instance, several governments have created counter-violent extremism programmed that

emphasize preventing radicalization, creating community resilience, and fostering social cohesion (26).

The spread of opposing narratives is crucial in the struggle against hate and fanaticism that use religion as a weapon, to put it simply. These counter-narratives, which emphasize the principles of love, compassion, and inclusivity, can work to contradict the prevailing narratives of extremism and hatred and advance a more tolerant and peaceful society (27). However, the creation of powerful counter-narratives calls for consistent work and dedication from all parties involved, including governments, religious authorities, representatives of civil society, and community members (28).

# A. Emphasizing commonalities between different faiths

A potent technique for battling extremist propaganda is interfaith collaboration and conversation. Religious leaders and academics can foster acceptance and understanding within communities by highlighting the similarities among various faiths. Joint prayer services, youth interfaith programs, and peace gatherings are a few examples of interfaith efforts (27).

The promotion of interfaith understanding is greatly helped by religious education. Teachers can aid in the development of a more tolerant and inclusive society by teaching kids about the parallels and contrasts between other religions (29).

### B. Challenging the extremist narrative.

Taking on extreme narratives head-on is another strategy for fighting back. Moderate religious authorities and academics can utilize their position to counter extreme claims and denounce violence and hate speech (25). These religious leaders can present an alternate, inclusive, and tolerant picture of religious identity by offering a counternarrative (30).

### **IV. CASE STUDIES**

### A. The Role of Religion in the Israeli-Palestinian Conflict

The Israeli-Palestinian conflict has a strong religious component, with radical groups on both sides invoking religious justification to legitimize discrimination and violence (31). Governments, NGOs, religious leaders, and other organizations have all worked to advance interfaith understanding and harmony. These initiatives have included educational initiatives, dialogue groups, and interfaith prayer services. There are signals of hope that interfaith cooperation can result in a more peaceful future, even though progress has been slow (32).

# B. Countering Extremism in Muslim Communities

Extremist organizations that use religious rhetoric to defend violence and prejudice against Muslims and non-Muslims alike have targeted Muslim communities all over the world (33). To combat this extremism, numerous Muslim organizations and leaders have worked to spread a more tolerant and inclusive interpretation of Islam (34). Examples of these projects include interfaith initiatives, educational programs, and the use of social media to convey uplifting messages. Although these initiatives face many obstacles, they nonetheless mark a significant step in the fight against extremist narratives (35).

### **V. CONCLUSION**

In conclusion, there is a complicated and multifaceted relationship between religion and hatred that needs to be carefully examined and thoughtfully resolved. Extremist organizations employ a variety of tactics to incite hatred and violence in the name of religion, however counternarratives that highlight the similarities between diverse religions and pose difficult questions to the extremist narrative can be effective in stifling their message.

The value of interfaith collaboration and education in fostering tolerance and understanding across communities is highlighted by case studies from around the globe. However, it is a difficult task that necessitates the participation of religious authorities, academics, and communities.

Exploration of the many tactics employed by extremist groups and the most potent counter narratives should continue in future studies. We can build a society where adherents of all religions can coexist in harmony and peace by fostering a more open-minded and tolerant understanding of religion.

### **VI. REFERENCES**

- 1. Sandberg S, Andersen JC. Opposing Violent Extremism Through Counter-Narratives. Four Forms of Narrative Resistance. The emerald handbook of narrative criminology. 2019:445-66.
- 2. Carthy SL, Doody CB, Cox K, O'Hora D, Sarma KM. Counter-narratives for the prevention of violent radicalization: A systematic review of targeted interventions. Campbell Systematic Reviews. 2020;16(3):e1106.
- 3. Poljarevic E. Theology of Violenceoriented Takfirism as a Political Theory: The Case of the Islamic State in Iraq and Syria (ISIS). Handbook of Islamic Sects and Movements. 2021:485.
- 4. Thomas S, Neufeld D. Living That Matters: Honest Conversations for Men of Faith: Menno Media, Inc.; 2023.
- 5. Osho SA. The Militarization of Religions in the Digital Age. Religion Online: How Digital Technology Is Changing the Way We Worship and Pray. USA: ABC–CLIO Corporate. 2019:194.
- 6. Al Jabouri AAN, Al-Yasiri NHA. Marketing religious tolerance and its role in peaceful coexistence between religions and its impact on the local economy is an applied study in Iraq. Ishtar journal of economics and business studies. 2022;3(1):1-14.

Dr. Abdul Muhaimin

7. Dauda KO. Islamophobia and religious intolerance: Threats to global peace and harmonious co-existence. QIJIS (Qudus International Journal of Islamic Studies). 2020;8(2):257-92.

- 8. Jaafar MI, Akhmetova E. Religious Extremism And Radicalization Of Muslims In Malaysia: The Malay Ties With The Mujahidin, Al Qaeda And ISIS. Journal of Nusantara Studies. 2020;5(1):104-23.
- 9. Guhl J, Davey J. A safe space to hate: White supremacist mobilization on Telegram. Institute for Strategic Dialogue. 2020;26.
- 10. Rousis GJ, Richard FD, Wang D-YD. The truth is out there: The prevalence of conspiracy theory use by radical violent extremist organizations. Terrorism and Political Violence. 2022;34(8):1739-57.
- 11. Tsuria R, Yadlin-Segal A. Digital religion and global media: Flows, communities, and radicalizations. Handbook of global media ethics. 2021:157-75.
- 12. Kuhn RRS. Beating the Odds: Counter Narratives of Thriving Students of Color at Dominantly White Faith-Based Institutions: Azusa Pacific University; 2022.
- 13. Rosler N, Branscombe NR. Inclusivity of past collective trauma and its implications for current intractable conflict: The mediating role of moral lessons. British Journal of Social Psychology. 2020;59(1):171-88.
- 14. Hägerdal N. I Ethnic Violence in Non-Separatist Wars. Friend or Foe: Columbia University Press; 2021. p. 16-39.
- 15. Posłuszna E. A prognostic view on the ideological determinants of violence in the radical ecological movement. Sustainability. 2020;12(16):6536.
- 16. Lidqvist K. UNITED BY FAITH, DIVIDED BY...? A comparative content analysis on the splintering of the Islamic Terrorism Movement 2019.
- 17. Saada N. The meanings, risk factors and consequences of religious extremism: The

perceptions of Islamic education teachers from Israel. British Educational Research Journal. 2023;49(1):5-18.

- 18. Anser MK, Shafique S, Usman M, Akhtar N, Ali M. Spiritual leadership and organizational citizenship behavior for the environment: an intervening and interactional analysis. Journal of Environmental Planning and Management. 2021;64(8):1496-514.
- 19. Llorent-Bedmar V, Palma VCC-D, Navarro-Granados M. Islamic religion teacher training in Spain: Implications for preventing Islamic-inspired violent radicalism. Teaching and Teacher Education. 2020; 95:103138.
- 20. Wibisono S, Louis WR, Jetten J. A multidimensional analysis of religious extremism. Frontiers in psychology. 2019; 10:2560.
- 21. Daher LM, Leonora AM, Gamuzza A, Mavica G. Defusing Radicalization through bottom-up Counter-Narratives Coming from Complex Organisations: Insights from an EU Comparative Research Project.
- 22. R'boul H. Alternative theorizing of multicultural education: an Islamic perspective on interculturality and social justice. Journal for Multicultural Education. 2021;15(2):213-24.
- 23. Bagasra A. Socially engaged Islam: Applying social psychological principles to social justice, faith-based activism, and altruism in Muslim communities. Toward a Positive Psychology of Islam and Muslims: Spirituality, struggle, and social justice. 2021:29-49.
- 24. Kurian N. Building inclusive, multicultural early years classrooms: Strategies for a culturally responsive ethic of care. Early Childhood Education Journal. 2023:1-16.
- 25. Bilazarian T. Countering violent extremist narratives online: Lessons from offline countering violent extremism. Policy & Internet. 2020;12(1):46-65.
- 26. Prislan K, Borovec K, Cajner Mraović I. The Role of Civil Society and Communities in Countering Violent Extremism and

- Radicalization. Policija i sigurnost. 2020;29(3/2020.):223-45.
- 27. Balbi A-M. Constructing Counternarratives to Terrorism-A Comparative Analysis of Collective Resistance in the aftermath of the terror attacks in Bali and Norway: Curtin University; 2019.
- 28. Nasir S. Extremism and Counter-Extremism Narratives in Pakistan: An Analysis of Narrative Building: Taylor & Francis; 2023.
- 29. Källeskog A. The" Good" Faces of Faith: Secularism and Counter-Narratives in Religious Peacebuilding. 2020.
- 30. Roose J, Flood M, Alfano M. Challenging the use of masculinity as a recruitment mechanism in extremist narratives. Department of Justice and Community Safety. 2020.
- 31. Kronish R. The Role of Religion and Interreligious Dialogue in the Israeli-Palestinian

- Conflict. Routledge Companion to the Israeli-Palestinian Conflict: Routledge; 2022. p. 276-87. 32. Muhammad F, Khan MA, Islam SU. Role of religion in American politics: An analysis
- of the influence of Evangelical Church in Israeli Palestinian conflict. Journal of Humanities, Social and Management Sciences (JHSMS). 2021;2(2):168-80.
- 33. Shanaah S. Alienation or Cooperation? British Muslims' Attitudes to and Engagement in Counter-Terrorism and Counter-Extremism. Terrorism and Political Violence. 2022;34(1):71-92.
- 34. Shanaah S, Heath-Kelly C. What Drives Counter-Extremism? The Extent of P/CVE Policies in the West and Their Structural Correlates. Terrorism and Political Violence. 2022:1-29.
- 35. McNeil-Willson R. Understanding the Interplay of Counter-Extremism Trends and Muslim Communities in Europe: Springer; 2021.