

Internalization Of Children's Anti-Bullying Attitudes Under Parental Guidance

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Abstract

Introduction

In this modern era there are many acts of bullying. Acts of bullying occur in children, youth and adults

Materials and Methods:

The method used is a qualitative analysis of narrative study of Genesis 4:1-16.

Result :

From the results of the pre-research conducted in congregational community development for youth, it was stated that 60% of bullying occurred in schools. 60% stated that they agreed that the cause of bullying was due to the lack of internalization of bullying attitudes through parental guidance. Internalization of anti-bullying attitudes can be carried out through a narrative study of Genesis 4:1-16 aimed at instilling anti-bullying attitudes, understanding the meaning of anti-bullying internalization and developing love and respect for fellow human beings. Internalization of anti-bullying attitudes in parental guidance teaches bullying is an act that God hates. Internalization of anti-bullying attitudes narrates about God's punishment for people who commit acts of bullying. The results obtained in internalizing anti-bullying attitudes through a narrative study of Genesis 4:1-16, children understand, understand, have enrichment and have anti-bullying abilities. Narrative Study Method Genesis 4:1-16 analyzes and narrates the story about Cain bullying his younger brother Hebel. The narrative study of Genesis 4:1-16 describes and reminds of the lack of internalization of Adam and Eve (as) parents, so Cain bullied his younger brother Abel. Internalization of anti-bullying in parental guidance is carried out bo during evening prayers, watching movies together, eating together and relaxing time.

Conclutsion:

The results obtained from internalizing anti-bullying to children under parental guidance have a positive influence on children. Internalization of anti-bullying in children, children will not bully in their lives. Children always live to love their siblings and friends. 90% of students answered that they strongly agreed and 10% said they agreed to internalize anti-bullying children in parental guidance through narrative studies.

Keywords: Internalization, Children's Anti Bullying Attitudes, Parental Guidance

Introduction

In this time and age, we live in a media-driven The government is encouraging the inculcation of an anti-bullying attitude towards children to prevent bullying in the face of the diversity of ideologies, ethnicities, religions and life backgrounds. One side of this diversity brings positive values and the other side brings negative values. A meta-analysis of 80 studies on bullying among students aged 12 to 18 years shows that the average prevalence of bullying is 35% in the form of traditional bullying and 15% in the form of cyber-bullying. In line with the results of a survey conducted by the National Center for Educational Statistics on students aged 12 to 18 years, a total of 24,243,0000 showed that there were 5,041,000 students (20.8%) who stated that they were victims of bullying at school [1] Diversity in Indonesia which is very religious can be a soothing color and give beauty if there is harmony and peace in carrying out religious life, namely by prioritizing non-violence. [2] However, if diversity spreads ugliness, hatred, and insults, it will result in bullying.

This bullying behavior happens a lot in schools, but it is still rarely noticed by educators or teachers, so many of them are very commonplace, even though it is bad behavior. [3] However, the lack of internalization of loving parental guidance in accordance with religious teachings can lead to bullying, because children are influenced by the speed of information in giving and spreading hate and insults and acts of violence. [4]. Hatred, radicalism instills an attitude of bullying. Apart from that, the development of social media, whether we want it or not, consciously or unconsciously, will have a bad impact, one of which is cyberbullying or bullying in cyberspace. [5]

Introduction, understanding and teaching of non-violence attitudes that must be carried out in the midst of educational institutions and families. Lack of recognition, understanding, guidance and teaching about bullying attitudes that are contrary to religious teachings leads to acts of bullying growing in the family and education circles. And order to introduce and instill an understanding of anti-bullying and the values contained in it as well as educate people, it needs to be used to it from an early age. Because children are the next generation of the nation, they are the foundation and hope of their parents and the future. Therefore, they need to be prepared from the start so that later they become quality human resources (HR) and do not bully them. This is done as early as possible by involving children.

Seeing how important this is, anti-bullying must also be practically instilled in children so that it is more easily accepted by children from an early age. Habituation that can be done by parents in instilling an anti-bullying attitude is through guidance activities. Instilling, educating, providing an understanding of anti-bullying is called anti-bullying internalization carried out through parental guidance.

With the problems above, the author aims to describe the internalization of anti-bullying in dealing with bullying so that it can give parents an understanding. The author reveals the internalization of anti-bullying in parental guidance with a narrative study of Genesis 4:1-16 about Cain and Adam

METHODOLOGY:

This qualitative research is directed at narrative analysis and interview. Narrative analysis i.e., narrative approach is a term that captures information from the personal dimension, and human experience over time, and takes into account the relationship between individual experience and cultural context. [6] This Research Using this method is one way to enable researchers to understand about the construction of a person's identity because this method can be used to find out a person's life experiences. Narrative studies tell experiences through rearranging the stories of characters and then giving them meaning. [7] addition to using the Bible as the main reference, also using books and other primary sources that are relevant to the topic in accordance with the principles of literature review. [8]

Realizing the phenomena we encounter so far in life, big questions arise in our minds: How could this happen? What are the root causes of bullying becoming a real part of everyday human life? How should we behave and respond to this violence? These questions become very important to answer, when we realize that living under the shadow of arbitrariness can cause the human soul to become more damaged and fragile; so that the human element is no longer able to play an optimal role and declares himself as a human being who is in the same image and similar to God. [9]

This research was conducted to answer the above questions using a qualitative narrative study method of Genesis 4:1-16. The researcher collects several discussions and meanings of the narrative of Genesis 4:1-16, analyzes and concludes the meaning of a narrative of Genesis 4:1-16 related to anti-bullying. Anti-bullying internalization in parental guidance is done by telling the narrative of Cain and Abel. Internalization of anti-bullying by providing appreciation and mastery why does bullying occur? What is the punishment for the person who bullies? How is the life of the person who does the bullying? Seeing from the severe punishment for the perpetrators of bullying, he will say I am anti-bullying

Procedure:

Through a qualitative analysis of anti-bullying internalization narratives under parental guidance by multiplying the narrative method, steps in

parental guidance for internalization and holding closed questions to parents

Result

Internalization

Internalization according to the Big Indonesian Dictionary is a deep appreciation, deep mastery that takes place through coaching, guidance, and others. Reber, as quoted by Mulyana, defines internalization, namely the unification of values within a person, which means adjusting values, attitudes, practices and rules within a person. [10] Internalization according to Scott is a process that involves ideas and actions that move from the outside into the mind of the human personality so that the person accepts it as a norm that is believed and becomes part of his moral views and actions. [11] In line with Mead, in the process of internalization humans are influenced by norms. outside the norm. [12] Internalization is inserting values from the external self into the internal self of individuals and groups. [13] Internalization is an effort to include knowledge and skills in a person who forms attitudes, beliefs and feelings as part of his personality. [14] In the act of internalization, there is a process of incorporating values as a whole into the human heart so that the spirit and soul move. Internalization occurs through a complete understanding of the teachings and is followed by an awareness of the importance of these teachings and the discovery of possibilities for realizing them in everyday life.

Internalization of anti-bullying attitudes in parental guidance to children has a major influence on their future life. How children think and behave, have the ability to face the world with confidence, can motivate themselves to be better, all depends on the stimulation (stimulation) and guidance given [15]. Childhood is a period of development and growth that is very decisive for children in the future or also called a golden age and a very critical period that determines the next stage of growth and development of children in an anti-bullying life. [16] Internalization of anti-bullying in parental guidance for children greatly influences children so that children can become individuals who have confidence in their own abilities in facing future religious challenges that are anti-bullying.

Attitude

Attitude according to Milton attitude is a related to thoughts and feelings towards the environment. Sigit argues that attitude is a component of responses that have affective, cognitive, and conative aspects to objects that are carried out by a person, where conative is a person's tendency to act, affective is an assessment made of objects, and cognitive is knowledge. Ndradha argues that attitude is a person's soul that tends to something. it shows direction, potential and drive towards something. [17] Attitudes are complex things, which can be defined as desirable or undesired evaluative statements, or judgments about objects, people, or events. Attitude reflects how a person feels

something. Attitudes are formed gradually, basically through a mixture of personal experiences, associations and social learning processes. [18] The formation of attitudes has factors that can influence it, including: personal experience, the influence of people who are considered important, cultural influences, mass media, religious institutions and educational institutions as well as emotional factors. The attitude structure consists of three interrelated components: supporting, namely: cognitive (cognitive) components, affective (affective) components, and conative (conative) components. [19]

Parental Guidance

Then the understanding of parental guidance according to Walgito that: "Guidance is assistance or assistance given to individuals or groups of individuals in avoiding or overcoming difficulties in their lives so that individuals or groups of individuals can achieve welfare in their lives". [20]. Furthermore, Sukardi and Kusmawati stated that: "Guidance is defined as a process of providing assistance to individuals that is carried out on an ongoing basis, so that the individual can understand himself. [21] Meanwhile, Junihot's parents have the task of giving affection which is fundamental and has a strong influence on the psychological development of their child. [22] Timambunan, Says: "The main business of parents is to advise and nurture their children to uphold the word of God Timambunan, Says: "The main business of parents is to advise and nurture their children to uphold the word of God. [23] According to Wijanarko, in the guidance of parents have the task of "providing teachings and rules, giving punishment to discipline children, giving gifts and setting an example. [24]

Bullying

Hebrew *הָרָצָח* while Greek *εκφοβισμός*. Often translated into English with the word Bullying. Bullying is negative behavior in which a person knowingly, intentionally and aggressively attacks someone in any way verbal or physical. [25] Rigby stated that bullying is an aggressive behavior that is carried out repeatedly and continuously, there is a strong power imbalance between the perpetrator and the victim, and aims to harm and cause suffering to the victim While bullying, in Indonesian known as Bullying generally occurs in the student environment and is experienced by many children. But in reality, bullying can occur in various areas of life, starting from the school environment to the professional environment [26]

Discussion

The biblical narrative in Genesis 4:1-16 tells how Cain abused his younger brother Abel. Cain is a farmer and his brother Abel is a shepherd of the flock. Cain and Abel both made burnt offerings to God. God heeded Abel's offering, but God did not heed Cain's offering. Then Cain's heart was very hot and his face was gloomy. Sin stalked Cain's heart and had no power over him. Finally Cain abused his younger brother Abel by beating and killing him.

The Cain and Abel narrative is a clear example of people who experience bullying, commonly called bullying in Genesis 4:1-16. [27] The first impression of the text of verse 8 shows Cain abusing his younger brother Abel. Second, in verses 6-7 the problem of bullying is caused by a hot heart, not doing good, sin peeping in and not being able to control oneself. Third, verses 11-13 God does not agree with the attitude of bullying, so God punished Cain with a curse, did not produce results and became a wanderer. [28] Fourth, why is the heart hot? Verse Because Cain was not right before God. [29]

The narrative of Cain and Abel inserts various theological thoughts and considerations, namely: a. Everyone has the potential for anger and aggression, but those who bully are those who fail to control and dominate that potential. b. Cain as an older subject, see him from his sister, therefore a rejected offer is a trigger for shame because self-esteem is stepped on, resulting in acts of violence. c. God was not pleased with what Cain did. But he punished Cain, and also God showed mercy to Cain by putting a sign so that Cain would not be killed by anyone. [30]

The narrative of Cain and Abel also inserts the thought of reviewing the weaknesses of parental guidance (Adam and Eve) to Cain which led to bullying. Genesis 4:1-16, after the narrative of Genesis 3 humans (Adam and Eve as parents) fell into sin. Genesis 3 narrates after man fell into sin, was expelled from the garden of Eden. Adam and Eve were busy working and managing life outside the garden of Eden. Adam and Eve neglected the duty of internalizing an anti-bullying attitude to their son Cain. Attention, parental guidance and affection that is lacking from the family, children seek attention elsewhere by bullying. [31] Internalization of anti-bullying attitudes in children under parental guidance needs to be done by considering the child's psychology, emotions and spirituality. The internalization of instilling an anti-bullying attitude in parental guidance is generalistic in nature to open children's insights about other religions. Internalization of anti-bullying attitudes in parental guidance towards children is a comprehensive development process for children from birth to the age of six, which includes physical and non-physical aspects, by providing stimulation for physical, spiritual (moral and spiritual) motor, intellectual development, emotional, and social. so that children can grow and develop optimally. [32]

For this reason, parents who believe in internalizing anti-bullying attitudes must train and familiarize their children with respectful behavior, starting from the family and formal educational institutions in which children can be implemented and instilling biblical values for each child. [33] Because Abuse is an act that violates and it means sin, as stated by the Lord Jesus "But I say to you, Everyone who is angry with his brother must be punished; who said to his brother: Infidel! must be brought to the Religious Courts and

those who say: Stupid! Must be consigned to a fiery hell." (Matthew 5:22) words like these if done without a good purpose, but only for a show of strength, to satisfy the lusts of the flesh, to show people our annoyance, and infuriate yourself for revenge. This kind of anger is useless. It's only hurt. [34]

Internalization of anti-bullying attitudes in parental guidance states to children that all forms of bullying are actions that must be rejected. Any small amount of bullying is behavior that is far from the truth of God's word for that as a person who believes in Jesus to continue to pay attention to others who either believe or not must reject bullying. Believers must be responsive from the Bible to continue to accept all differences both physically, ideas, and all things and the desire to live side by side to continue to be salt and light as Jesus wants in Christian life. For this reason, every believer needs wisdom from Allah to respond to abuse. [35] Believers must also follow the instructions of the Bible and live under the guidance of the Holy Spirit because the Holy Spirit gives wisdom and understanding to know Jesus and live it at every step of life's journey.

In the Batak culture, parental guidance is carried out when children are fed, carried and family worship. Mother teaches her child about anti-bullying at feeding time and while holding the child. While the father guides the son at the same time farming. Meanwhile, at the time of family worship, the father as the priest guides anti-bullying, and is strengthened by the mother. [36] So that the internalization of anti-bullying children under parental guidance can be interesting, you can use the Tiktok method as a strategic tool and vary in form, such as photos, drawings and illustrations, sketches, line drawings, graphics, charts, dance and graphics. [37]

Closed-door interviews were conducted with 33 students in church community development lectures through the question, do you strongly agree that anti-bullying internalization should be carried out on children under parental guidance? 90% of students answered strongly agree and 10% said they agreed. [38].By internalizing anti-bullying to children, they bring children to a picture with God (Imagio dei). [39]

Conclusion

Efforts to prevent access to literacy literacy by children are carried out with verbal and non-verbal steps. Actions that

encourage these efforts are manifested in concrete actions taught by parents to children through parental guidance through anti-bullying internalization. The stage of teaching anti-bullying religious values by telling Bible stories that are appropriate to bullying in your neighborhood is done by applying anti-bullying religious values. These values include teaching commitment to love, anti-bullying, and accommodating local culture (local wisdom). Internalization of an anti-bullying attitude through parental guidance through an understanding of the love of the Lord Jesus Christ, who

never commits bullying. 90% of students answered that they strongly agreed and 10% said they agreed to internalize anti-bullying children in parental guidance through narrative studies.

Sugesstion:

A design of program with of different learning objective and achieve it through reading.

Acknoledgments:

Conflict of Interest:

No conflict of interest

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