

“A study exploring perception of Nurses regarding over responsibility : A Qualitative Approach”

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Abstract

Intro :Nurses' work continually influences nursing concepts, which include not only caring for the ill but also becoming advocates for well-being and influencing favorable patient outcomes. Study objective was to explore the Nurses perception on over responsibilities**Method:** Qualitative approach was adopted for the study to explore. A semi structured interview guide was established. The reliability of the research was ensured through verbatim records of the study's respondents' interviews. The instruction was tested on two nurses and modified as a result. Nurses working as staff nurses in Multi-specialty hospitals were targeted for data collection. Purposive sampling approaches were used to recruit respondents until the topics were saturated. Probing questions were posed, and participants were given the opportunity to voice their further thoughts and opinions. The first author went over the transcripts line by line, reading them again and thematically analysing their contents. The study's co-authors confirmed the developing themes and contents.**Findings** Three themes were emerged viz ; Quality of life, Mistake in decision making and burnout. **Conclusion** :Nurses engaged in nursing care felt that they are unable to offer focused quality nursing care owing to overburdening, and that record keeping is also hampered. Following an extensive interview, three themes emerged: quality of life, errors in judgement, and fatigue. To attain optimal and quality nursing care, the workload must be assessed and the facility to enhance care must be offered.

Introduction

Nurses are a powerful and expanding force in the healthcare business.. The physical labour, human suffering, work hours, staffing, and interpersonal interactions that are important to the work nurses conduct have long been seen as stressful. However, since the mid-1980s, nurses' work stress may have increased due to increased use of technology, continued increases in health-care expenses, and volatility in the work environment..

Nurses' work continually influences nursing concepts, which include not only caring for the ill but also becoming advocates for well-being and influencing favourable patient outcomes.

Nurses' jobs might be difficult because they are knowledgeable in a variety of professions and may choose to specialise in certain sorts of care. Nurses play a big part in our lives, from working face-to-face with patients to organising their paperwork, and the profession continues to be a

lucrative career option for individuals contemplating taking on this job.

During their shifts, nurses are responsible for a variety of responsibilities. While these obligations may be physically and psychologically taxing, the work is also extremely gratifying. Every day, nurses have the potential to make a significant difference in the lives of their patients, from administering lifesaving treatments to assuaging their concerns. They have the ability to form ties with the people in their care while they work. While registered nurse tasks may seem normal with time, nurses must remember that what they perform is not commonplace in the perspective of patients..(Boman et al., 2020)

The findings imply that, while nurses believe patient education to be an important aspect of their job, they are unable to provide as much as they would want due to time restrictions. When faced with time restrictions, nurses' patient education efforts are mostly informal and reactionary, and as a result, they might be easily considered as a low priority..(Park, 2005)

Nursing's historic position and image might be viewed as representations of an oppressed minority. The oppressor's power, in this example the physician's, marginalises the oppressed group and may result in the formation of poor self-concept, which can lead to negative self-presentation.(Hoeve et al., 2014)

Objective :To explore the Nurses perception on over responsibilities

Statement of Problem :A study exploring perception of Nurses regarding over responsibility A Qualitative Approach

Method Design

Qualitative approach was adopted for the study to explore Nurses perception on over responsibilities Qualitative design was choose as in depth consideration on view was required. Interviews helps to create the concepts and very useful for inductive approaches.

Instrument Development

A semi structured interview guide was established based on an in-depth literature assessment and current predominant practises of over duties. The guide concentrated on nurses' perceptions of their obligations.Prior to data collection, the guide was validated and reliability assessed. Subject matter experts

vetted the guide. Cumulative validation is a form of cross-referencing in which researchers use publicly available literature to match the findings. The current study followed a cumulative validation approach based on the nature of the data and the availability of resources.The reliability of the research was ensured through verbatim records of the study's respondents' interviews. The instruction was tested on two nurses and modified as a result.

Study Setting

The study was conducted in Pune city, Maharashtra. Respondents were from Multi specialty Hospital working as staff nurse

Sample

Nurses working as staff nurses in Multi-specialty hospitals were targeted for data collection.

Inclusion Criteria

Nurses whose experience were more than five years were included

Nurses who are Registered with state Nursing council

Nurses willing to participate and given consent for the study was included in the study.

Exclusion Criteria

Nurses who were on temporary or contractual basis

Nurses who were not present at the time of data collection.

Sampling technique and Data collection

Purposive sampling approaches were used to recruit respondents until the topics were saturated. Purposive sampling was carried out based on prior notions about the sample's needed features. After receiving written consent, interviews with consenting individuals were undertaken.Each interview lasted at least 40 to 45 minutes. Probing questions were posed, and participants were given the opportunity to voice their further thoughts and opinions. All interviews were audio-recorded, and extra field notes were taken. The saturation was reached after the sixth interview; nevertheless, two further interviews were conducted to validate the saturation. By listening to the tapes, the interviews were checked for correctness and consistency. The first author went over the transcripts line by line, reading them again and

thematically analysing their contents. The study's co-authors confirmed the developing themes and contents.

Findings

Total eight Nurses were interviewed. All respondents were female. Majority of the nurses were from 30-35 years of age. Majority of the nurses had more than seven years of experience.

Variables	Description	Frequency
Age (In years)	25- 30 years	02
	30.1- 35 years	03
	35.1- 40 years	02
	40.1 years and above	01
Gender	Male	00
	Female	08
Years of clinical Experience(In years)	5- 7 years	02
	7.1 – 10 years	04
	10.1- 15 years	01
	15.1 years and above	01
Qualifications	GNM	04
	B.Sc. Nursing	04
	M.Sc. Nursing	00
Religion	Hindu	06
	Muslim	00
	Christian	02
	Others	00

Table : Details of Demographic variables

Theme I

Quality of life: Due to overload of work ,lack of the person-centered approach in nursing care
.....My love for nursing care lives on in my imagination or on writing. Despite my best efforts, I am unable to put it into action. (N04)
.... My physical, social, and psychological well-being are all suffering as a result (N05)

Theme II

Mistakes in judgment:

Overworked nurses are more likely to make poor judgement decisions, which lead to error in medications, irresponsible patient care, and accidents.

Many times, I have seen and realized that a decision I made was inappropriate and would impede the action.(N06)

Later, I realised that the decision I made was inappropriate and incorrect, and that I could have done better (N01)

Theme III

Burnout : Decrease in nurses' energy, which displays as emotional tiredness, lack of enthusiasm, and emotions of irritation, and may result in decreased job effectiveness.

.....yelling at coworkers over minor errors that might easily be avoided (N03)

I became certain that I did not want to participate in any form of in-service education or professional development programme to keep myself up to date.(N07)

Discussion

In the present it is found nurses are engaged not only with the nursing care but also contribute in administration work and hampers the quality nursing care .

Study findings of Sarafis shown that the Stress influences nurses' health in association with

quality of life, the relation between stress and caring behaviors remains relatively unexamined, especially in the Greek working environment, where it is the first time that this specific issue is being studied (Sarafis et al., 2016)

Conclusion

Nurses engaged in nursing care felt that they are unable to offer focused quality nursing care owing to overburdening, and that record keeping is also hampered. Following an extensive interview, three themes emerged: quality of life, errors in judgement, and fatigue. To attain optimal and quality nursing care, the workload must be assessed and the facility to enhance care must be offered.

Source of Fund :Self Funding

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