# **Influence Culturalin Utilization Of Healthcare Facilities Pregnancy: A Literature Review**

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**Abstract.** A health facility is a facility providing health services that are used to organize individual health service efforts. The health of pregnant women is one indicator of public health status. Birth and pregnancy problems are closely related to cultural elements in society.

Literature searches via Scopus, PubMed, ProQuest, Science Direct, and SAGE within the last 5 years. The results were 15 journals selected from 2493 journal articles found.

Overall, the review consisted of 15 articles (table 2). In this review, the suboptimal use of maternal health services is affected by the socioeconomic characteristics of pregnant women, limited knowledge about maternal care, the distance from the place of residence to health services, and the low status of women are the main barriers to seeking care.

Efforts to reduce maternal mortality are fundamental in overcoming socio-cultural practices in certain areas, which create tension for women seeking maternal care. Focus on reducing poverty and increasing the opportunity for decision-making is important to support women's rights to medical care

Keywords: Cultural influences, health facilities, pregnancy

#### I. Introduction

Health facilities are facilities that provide health services that are used to organize efforts to service the health of individuals, good promotion, preventive, curative. and rehabilitative activities carried out by the government, local government, and the community. Health facilities consist of two, first-level namely health services and advanced-level referral health services. Firstlevel health facilities are in the form of Public health centers, doctor's practices, dental practices, primary clinics, and primary class D hospitals, while advanced level referral health facilities are the main clinic, general hospital, and special hospital(Rabbaniyah et al., 2019).

Socio-cultural roles are conditions that are inherent in certain societies. This condition requires local specific intervention methods and cannot be generalized nationally. The health of pregnant women is one indicator of public health status. Birth and pregnancy problems are closely related to cultural elements in society. When viewed from the expanse of the region, almost all cultures from Sabang to Merauke have traditions in the process of pregnancy, childbirth, and the birth of a baby (Ketut & Mubasyiroh, 2019).

Efforts to accelerate the decline in the MMR and IMR are carried out to ensure that each mother can get to quality maternal wellbeingadministrations, such as wellbeingadministrations for pregnant ladies, conveyancehelp by preparedwellbeinglaborers in wellbeing care offices, postnatal care for moms and babies, extraordinary care and referrals on the off chance that required. complications happen, ease of getting maternity maternity take off family and and arrangingadministrations(Sitorus et al., 2020)

### 2. Methods

A literature review aims to find out about the influence of culture in the application of health care facilities by pregnant women. A literature search was conducted in several databases such as Scopus, PubMed, ProQuest, Science Direct, and SAGE by entering several keywords (Table 1). The use of the limited year is 5 years (2016-2021) which is research articles, news, government policies, and some grey literature about knowing cultural influences on the use of health care facilities by pregnant women. All articles are in English. Articles will be excluded if the results do not explain the purpose of this systematic review. The search results based on these criteria obtained 16 articles selected from the 2493 articles found (Figure 1).

#### 3. Results

From 2493 searches, 2419 were excluded based on the limit to year, study area, document type, and language so that 129 articles were obtained. From 129 articles, the inclusion and exclusion criteria were carried out so that 16 journal articles were reviewed. Overall, the review consisted of 16 articles (table 2). In this review, cultural and socioeconomic factors show an influence on outcomes of pregnancy including maternal mortality. The determinants include health status, women's reproductive status, access to health care facilities, and healthy behavior including the use of health service facilities.

Table 1	: The initial	keywords	used to find	a previous study
I GOIC I	• The mittai	Rey words	ubeu to miu	u provious study

1 2	
utilization of health facilities	pregnant women
Utilization of health facilities	Pregnant
OR	OR
Health facilities usage	Women two body
OR	OR
Usage means women's Health	Mrs. containing
Exclude duplicate articles by the limitation (N = 74 articles) Article evaluation by: 1. Population and research sample 2. Interventions were given to res 3. Comparison or Control in research	e pondents
	Utilization of health facilities OR Health facilities usage OR Usage means women's Health Exclude duplicate articles by the limitation (N = 74 articles) Article evaluation by: 1. Population and research sample

Unspecified details article (N = 114 articles)

Evaluation of articles with details = 2419) The final article obtained in this review (N = 16)

Figure 1.Flow used

## Table 2. Journal articles reviewed

No	Title	Research	Sample and Sampling	Results
		Design	Technique	
1	The influence of social and cultural practices on maternal mortality: a qualitative study from South Punjab, Pakistan (Omer et al., 2021)	Qualitative	performed three sorts of information collection with distinctive target bunches: (1) 60 key source interviews with gynecologists, (2) four centerbunchtalks with WomanWellbeingLabor ers (LHWs), and (3) ten case ponders among family individuals of expiredmoms. The consideration was conducted in Dera Ghazi Khan, arranged in South Punjab, Pakistan.	The think distinguished that delay in looking for care—and the possible coming about maternal mortality— is more likely to happen in Pakistan due to certain social and socialvariables. Destitutefinancial status, constrainedinformationaround maternal care, and money- relatedlimitations among countryindividuals were the mostboundaries to looking for care. The moo status of ladies and male mastery keeps ladies less engaged. The inclination for conventional birth goes to- ants come about in maternal passings. In expansion, early relational unions and the need for family arranging, which are profoundlysettled insocial values, religion, and traditionse.g. the impact of conventional or otherworldly healers—prevented youthfulyoung ladies from getting maternal healthcare
2	Religion-cultural variables contributing to perinatal mortality and horribleness in mountain villages of Nepal: Suggestions for future healthcare provision (Paudel et al., 2018)	Qualitative	Two mountain towns were chosen for this subjectiveconsideration to supplydiffering qualities of settinginside an exceedinglydistraughtlo cale. Individual in-depth interviews were conducted with 42 women of childbearing age and their family people, 15 prosperityadvantageprov iders, and 5 partners. The information was analyzed utilizing a	Three key subjectscreated from the consider: (1) `Everyone has gone through it': perinatal passing as a typicaloccasion; (2) Dewata (God) as a calculate in prosperity and tribulation: a cause and infers to overcome torment in mother and newborn child; and (3) Karma (Past deeds), Bhagya (Predetermination) or Lekhanta (Destiny): ways of rationalizing perinatal passings

			dented to the	[]
			topical examination methodology with a comprehensive coding handle	
3	Cultural beliefs and practices of women influencing home births in rural Northern Ghana (Ricks & Mini., 2019)	A qualitative approach, using an explorative and descriptive design,	Purposive examining was specifically used to choose 20 ladies from rustic communities in a localewithin the northern portion of Ghana.	Four major subjectsrisen from the informationexamination which affected rurally women's choices to allow birth at domestic are specifically: the opportunity to get psychological support through family individuals, the opportunity to get sociallyworthynourishment, the opportunity to receive a birthing position of choice, and opportunity for secure and socially accepted disposal of the placenta
4	Determinants of maternal health care and birth outcome in theHealth and Demographic Surveillance System area, Angola (Carmo et al., 2019)	Quantitative	Information was collected for 10,289 pregnancies comes about from 8,066 ladies. The information collection was carried out amid nine upgrade rounds, performed between Prominent 2009 and December 2015, utilizing organized overviewsoverseen at each family (S1 and S2 Text)	Of the 10,289 pregnancies comes about, 98.5%, were in live births, 96.8% went to antenatal care and 82.5% had four or more visits. Be that as it may, 50.7% of the womenpassed onoutside a well- beingoffice. Antenatal care cooperation was a determinant of birth comes about (stillbirth: unadjusted OR = 0.34 95% CI = 0.16-0.70; babyevacuation: OR = 0.07 95% CI = $0.04-0.12$ ). More seasonedladies, with lower instruction, living at a more conspicuousexpel of a prosperity office and in rusticzones were less likely to utilize maternal prosperity care. Having had past pregnancies, coming about in live births, as welllessened the likelihood of prosperity care utilization by pregnant ladies
5	PredominanceandvariablesrelatedwithbeneathutilizationantenatalcareadministrationsinNigeria:Acomparativeconsiderofrusticandurbanhomesbasedonthe	design of the survey	include up to of 19652 mothers were included in this think approximately of which 64.9% were a nation and the rest were urban tenants	The prevalence of underneath utilization of ANC was 46.5% in Nigeria, 61.1% in rural homes, and 22.4% in urban homes. The North- West region had the foremosthoistedprevalence of ANC beneath utilizing in Nigeria at 69.3%, 76.6%, and 44.8% for the by and large, national and urban homes

	and wellbeingoverview(Ad ewuyi et al., 2018)			more conspicuous chances of ANC underneath utilize in commondomestic were maternal non-working status, birth between times< 24 months, single birth sort, not tuning in to the radio at all, require of companionship to prosperityworkplaces, and not getting cash for prosperityadministrations. In urban domestic, motherspronouncing Islam, those who did not inspecteveryday papers at all, and those who requiredprosperityassurances, had more essential chances of ANC underneath utilize. In both rustic and urban domestic, maternal and husband's instruction level, region of domestic, wealth record, maternal age, a repeat of watching tv, partitioned to- and assent to visit wellbeingworkplaces were inside and outrelated with ANC
6	Determinants of patterns of maternal and child health service utilization in a ruralcommunity in southeastern Nigeria (Agunwa et al., 2017)	Cross- sectional analytic design	This cross-sectional illustrative consideration was carried out in 2013 with 610 women of regenerative age who lived in Natural communities of Enugu State	underneathutilize The think approximatelyrevealed that extending age, educator level, month-to-month compensation, number of children, and occupation of both women and their life partners were related to extended MCH advantage utilization. Ordinary month to month wage (OR: 1.317, $p = 0.048$ , CI: 0.073– 0.986) and number of children (OR: 1.196, $p < 0.01$ , CI: 1.563–7,000) were determinants of extended utilize of child care organizationswhileteacher level ( OR: 0.495, $p < 0.001$ , CI: 1.244– 2.164) and age (OR: 0.115, $p <$ 0.001, CI: 0.838–0.948) chosenmore better utilize of movement and family organizingorganizations, independently

7	The quality of	Qualitation	We conducted 12	The substance exemination of the
7	The quality of maternal-fetal and	Qualitative	centerbunchdiscourses	The substance examination of the FGDs revealed an understanding
			(FGD) with pregnant and	among the discussants concerning
				<i>c c</i>
			postpartum ladies who	the importance of ANC and PNC
	Jordan: a		have gone to maternal-	organizations for the prosperity of
	subjectivecentergather		child care	mothers and their newborns. Be that
	consider		administrations in three	because it may, the sharingwomen
	(Alyahya et al., 2019)		major clinics in Jordan	see ANC be much more imperative
				than PNC. With regards to the
				choice between open and private
				antenatal care organizations, some
				of the discussants were orchestrated
				towards the private portion. Reasons
				for this included longer assembly
				time, then another quality of
				organizations, prevalent
				interpersonal and communication
				capacities of healthcare providers,
				prevalent treatment, more
				advancedequipment, and
				contraptions, the openness of female
				obstetricians, and more
				versatilecourse of action timesThe
				substance examination of the FGDs
				revealed an understanding among
				the discussants about the importance
				of ANC and PNC organizations for
				the prosperity of mothers and their
				newborns. Be that because it may,
				the sharingwomen see ANC be
				much more imperative than PNC.
				With regards to the choice between
				open and private antenatal care
				organizations, some of the
				discussants were orchestrated
				towards the private portion. Reasons
				for this included longer assembly
				time, then another quality of
				organizations, prevalent
				interpersonal and communication
				capacities of healthcare providers,
				prevalent treatment, more
				•
				contraptions, the openness of female
				obstetricians, and more
				versatilecourse of action times.

8	Determinants of Health Facility Utilization at Birth in South Sudan	This was a cross-sectional	This thinks around was carried out from October 2016–to December 2016	These women-only seen open recuperating center organizations to be crucial in cases of pregnancy- related complications and work, as the costs of private portionorganizations in such cases are as well tall. The revelationsas wellrevealed that mothers a run the showbecause it was sought for PNC organizations to check up on their newborn's prosperity and not their claim. As it were a quarter of the moms had given birth at well-beingoffices, 209/810 (25.8%; 95% CI 18.2–35.3)
	(Tongun et al., 2019)	consideratio n carried out among moms of children matured 0– 23 months	in four locales in Jubek State, South Sudan. Jubek State has 12 Locale and one city chamber (Juba) with a masses of around 500,000	and 207/810 had a talented birth orderly (characterized as either nurture, birthing specialist, clinical officer, or specialist). Componentsemphaticallyrelated to wellbeingoffice births were four or more antenatal visits (balancedchancesproportion (AOR) 19; 95% CI 6.2, 61), auxiliary or higher instruction (AOR 7.9; 95% CI 3, 21), tallfinancial status (AOR 4.5; 95% CI 2.2, 9.4), and being primiparous (AOR 2.9; 95% CI 1.5, 5.4). These discoveries highlight the require for endeavorsto extendwell- beingoffice births in South Sudan.
9	Factors influencing utilization of healthfacilities for labor and childbirth: a case A study from rural Uganda (Dantas et al., 2020)	This cross- sectional exploratory case study	This cross-sectional exploratory case ponders utilizing was attempted in two townswithin the southeastern locale of the nation, Maligita, and Kibibi. Both towns are around 30 km exterior of Jinja (on inverse sides of the Nile Stream and both roughly 6 km from the nearest Health Center IV)	For men and ladieswithin thetowns, social and community pat administrations behavior has the most groundedeffect on conveyancealternatives. Whereasladies with no complications mightregularlydiscoverchoices to conveysecurely, the need for emergency obstetric care remains a solidcalculate in maternal deaths
10	Factors Affecting the Accessibility of	This consider utilized two	This ponders utilized two distinctive sets of information to compare	Information from maternal wellbeingbenefitstudies conducted in Battambang, Cambodia in 2012

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	Maternal Health	diverse sets	the status of healthcare	and 2015 was compared and
	Service in Cambodia	of	in Battambang sometime	analyzed.
	(Hwang & Park, 2020)	information	recently and after the	Numerous relapse examination was
		to compare	usage of the coordinates,	conducted to recognizecomponents
		the status of	maternal wellbeing care	related to the availability of
		healthcare	extends. Particularly,	coordinated maternal healthcare
			this	administrations. The travel time to
			ponderutilizedpatterninf	wellbeing centre was found to be
			ormation from the	related to separate from the
			WellbeingAdministratio	wellbeing center ( $\beta = 0.031$ , p <
			nDivision of Seoul	0.001), travel time amid the stormy
			National College, which	season ( $\beta = 0.166$ , $p < 0.001$ ), and
			was collected in 2012, to	travel fetched (ß = 0.001 , p <
			arrange for the maternal	0.001), with an informativecontrol
			and child healthcare	of 27% ( $R2 = 0.274$ ). Based on these
			changes	discoveries, future inquiries about
				and arrangements ought tocenter on
				progressingopenness to compelling
				maternal and child healthcare
				administrations, to diminish
				maternally and child mortality. This
				ponder is aiming to contribute to
				creating a multi-directional and
				coordinated procedure for getting to
				maternal wellbeingadministrations
				in creating countries
11	Intercession to provide	As it were	We based our	Women's and other stakeholders'
	culturally appropriate	one	examination on 15	points of view on the mediations
	maternity care	ponderutiliz	papers included within	were by and large positive. Four key
	services:	ed a testplan,	thepreciseaudit	topics have risen in our investigation
	factorsinfluencing	whereas all		of facilitators and boundaries to
	implementation	Others		usage. To begin with, intercessions
	(Jones et al., 2017)	utilizeddiffer		must consider broader financial,
		entshapes of		topographical, and social variables
		the		that influence ethnic minority
		observationa		groups' get to administrations,
		l plan.		nearbygiving culturally-appropriate
				care. Besides, community support is
				critical in understanding problems
				with existing administrations and
				potential arrangements from the
				community point of view, and
				within theimprovement and
				execution of intercessions. Thirdly,
				aware, person-centered care ought
				to be at the center of these
				intercessions. At last, cohesiveness
11	culturally appropriate maternity care services: factorsinfluencing implementation	one ponderutiliz ed a testplan, whereas all Others utilizeddiffer entshapes of the observationa	examination on 15 papers included within	Women's and other stakeholders' points of view on the mediations were by and large positive. Four key topics have risen in our investigation of facilitators and boundaries to usage. To begin with, intercessions must consider broader financial, topographical, and social variables that influence ethnic minority groups' get to administrations, nearbygiving culturally-appropriate care. Besides, community support is critical in understanding problems with existing administrations and potential arrangements from the community point of view, and within theimprovement and execution of intercessions. Thirdly, aware, person-centered care ought to be at the center of these

				is basic between the culturally- appropriate benefit and other wellbeing care suppliers experienced by ladies and their families along the continuum of care from pregnancy until after birth
12	The impact of maternal instruction on infant mortality in Ethiopia: A preciseaudit and meta-analysis (Tsegay et al., 2019)	Systematic Review	Recovered 441 records after evacuating duplications. Amid the screening, 31 articles were completelygotten to for information extraction. Medline Embase, CINAHL, Scopus, and Maternity and Newborn child Care databases were searched between November 15, 2017, and February 20, 2018. All articles distributed until February 20, 201,8 were included in the study	At long last, five articles were included for examination. The by and large pooled assessment has shown that going toessentialinstruction was related to a 28% lesseningin thechances of newborn child mortality compared to those newborn children born to ignorantmoms, OR: 0.72 (95% CI = 0.66, 0.78). Another pooled appraisal demonstrated that going toauxiliaryinstruction and over was related to a 45% decreasein thechances of newborn child mortality compared to that uneducated derecho were ignorant, OR: 0.55 (95% CI = 0.47, 0.64).
13	Trends and inequities in the use of maternal health care services in Indonesia, 1986–2012 (Press, 2018)		included 104.220 ladieswithin thelastexamination who gave birth between 1986 and 2012	From 1986 to 2012, the organization's birth rate extended from 22-73 %, and the c-section rate from 2-16%. The private division was dynamically contributing to maternal prosperity. There were basic get-to incongruities by asset quintile, parental instruction, the locale of the domestic, and topographical district. The wealthiest women were 5.45 times (95% CI: 4.75–6.25) more likely to permit birth in a prosperity office and 2.83 times (95% CI: 2.23–3.60) more likely to supply birth by c-section than their poorest accomplices. Urban women were 3 times more likely to utilize control of birth and 1.45 times more likely to supply birth by c-section than for provincial women. The utilization of all organizations was higher in Java and Bali than in other locales. Getting to awkwardness was

				narrowing overtime for the utilize of ANC and organization birth but not for a c-section birth
14	The Role of Culture in Maternal Healthcare Utilization (Aryastami & Mubasyiroh, 2019)	Descriptive analysis and logistic regression	Essentialwellbeinginvest igates collected information from 33 areas and 440 districts/municipalities in Indonesia. A mapping of the conventional birth orderly (TBA) proportionper 1,000 populace was conducted based on the 2008 Town Potential (Podes) Information. The overalltest included 14,798 ladies ages 15–49 a long time who conveyed between January 2005 and Eminent 2010.	Financial and socialvariablesimpact pregnancy results, counting maternal passing. Halfway determinants incorporate women's well-being status and regenerative status, getting to a healthcare office, and well-being behavior, counting utilization of healthcare
15	Affiliation of sort of birth specialist and put of conveyance on newborn child mortality in sub- Saharan Africa. (Stanley et al., 2016)		This cross-sectional ponderutilized self- reported information from the StatisticWellbeingOverv iews for ladies in Sierra Leone, Kenya, and Ghana. Calculatedrelapseevalua tedchancesproportions (OR) and 95% certaintyinterims	In Sierra Leone and Ghana, chances of IM were higher for women who passed on at a prosperity office versus women who passed on at a family domestic (OR=3.18, 95% certainty between times, CI: 1.29- 7.83, p=0.01 and OR=1.62, 95% CI: 1.15-2.28, p=0.01, separately). Compared to the utilize of prosperityspecialists, the utilize of birth orderlies to offer assistance with the movement was not inside and out related to IM for women in Ghana or Sierra Leone (OR=2.17, 95% CI: 0.83-5.69, p=0.12 and OR=1.25, 95% CI: 0.92–1.70, p=0.15, independently). In Kenya, chances of IM, in show disdain toward the reality that non-basic, were lower for women who utilized birth masters than those who utilized prosperityspecialiststo assist with movement (OR=0.85, 95% CI: 0.51- 1.41, p=0.46), and higher with

				movement at a prosperity office
				versus a family domestic (OR=1.29,
				95% CI: 0.81-2.03, p=0.28)
16	Get to and utilization of	An	counting 720 pregnant	68.5, 83.6 and 33.6% of the ladies
	maternal healthcare in	explanatory	women methodically	had $> 3$ antenatal care visits, and
	a provincialareawithin	cross-	inspected from antenatal	utilized talentedconveyance and
	thewoodland belt of	sectional	clinics in 5 sub-districts	postnatal care
	Ghana	ponder	was conducted from	administrationsindividually. The
	(Nuamah et al., 2019)		February to May 2015	mothers' information level of
			inside the Amansie-West	pregnancy crises and infantperil
			region	signs was moo. Financial
				characteristics and healthcare get
				toaffect the utilization of maternal
				healthcare. Compared to the most
				reducedriches quintile, being within
				themost elevatedriches quintile was
				related to higher chances of
				accepting postnatal care
				(balancedchancesproportion [an
				OR]; 95%CI: 2.84; 1.63, 4.94). The
				utilization of wellbeingoffices as a
				fundamental source of healthcare
				was moreoverrelated to higher
				chances of antenatal care and
				talentedconveyance.

#### 4. Discussion

Behavior can be formed because of the norms and culture adopted by a society. Pregnancy is a risk to the mother's health.

In the study by Omer, Sonia Zakar, RubeenaZakar, Muhammad Zakria Fischer, Florian entitled Theimpact of social and cultural practices on maternal mortality, a qualitative study from southern Punjab, Pakistan showed that delays in seeking care were associated with poor socioeconomic status, knowledge of limited access to maternal care, and low incomes in rural communities. The low status of women and the dominance of men make women less empowered. In addition, early marriage and lack of family planning due to cultural, religious, and traditional values have resulted in young girls not receiving maternal health care.(Omer et al., 2021)

In expansion, Nuamah, Gladys Buruwaa, Agyei-Baffour, Diminish Mensah, Kofi Akohene Boateng, Daniel Quansah, Dan YeduDobin, Dominic Addai-Donkor, Kwasi investigate entitled Get to and utilization of maternal healthcare in a countrylocalewithin thetimberland belt of Ghana appear that get to and utilization of maternal wellbeingadministrationsisn't ideal in rustic districts/cities of Ghana which is affected by the socio-economic characteristics of pregnant ladies. This indicates the requirement for custom-madeintercessionsto extend the utilization of maternal wellbeingadministrations for moms in this and other comparative settings(Nuamah et al., 2019)

The influence of the family on maternal pregnancy status, in general, is still strong in rural communities in Indonesia. The results of the ethnographic study show that the role of the family (not only the husband) in decisionmaking, pregnancy check-ups, and childbirth is still strong in the Acehnese, Dayak tribes (Landak Regency), and Rote tribes (Rote Ndao Regency). However, for the Rote Tribe, the direction is more positive because of the KIA revolutionary policy implemented by the local government so that families participate in determining the choice of available delivery facilities (not shamans). The results of the Riskesdas data analysis show that the role of the extended family has a positive influence on mothers to carry out ANC to give birth with health workers in health care facilities (Aryastami & Mubasyiroh, 2019).

Based on an analysis of 16 journals, the authors report that the normal delay in looking for care and the likelihood of maternal passing is inferable to certain social and socialvariables. Socio-economic status. restrictedinformationaround maternal care, and separation from home to wellbeingadministrations are the mostobstructions to looking for care. The moo status of ladies and the mastery of men make ladies less engaged. The inclination for conventional birth specialists leads to maternal mortality. In expansion, early marriage and the need of family arranging, which are profoundlyestablished in social, devout, and conventional values, for illustration, the impact of conventional healers or otherworldly healers anticipatesyouthfulmoms from maternal wellbeingadministrations

# Conclusion

Efforts to reduce maternal mortality are a fundamental goal in overcoming socio-cultural practices in an area, which makes challenges for ladieslooking for maternal care. Focusing on alleviating poverty or creating a policy that can ease the economic burden of people seeking maternal care and increase decision-making opportunities are essential to support women's rights to medical care and the use of health care facilities.

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