

# Nursing Leadership and its Impact on the Health Service Provided in Health Facilities

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## Abstract

The goal of the current study is, the role of nursing leadership in providing health services in health facilities. What are the advantages of nursing leadership at work? The questionnaire was created electronically via the Google Drive program, and then distributed via mobile phone on the social networking program (WhatsApp)? And after that Email was used to receive all participants to respond to the questionnaire. 600 questionnaires were distributed to all mobile groups, and 580 questionnaires were received on the researcher's e-mail. (The target group is residents of the city of Mecca, aged between 25-60 years).

**Keywords:** *Nursing leadership, impact, the health service, provided, health facilities.*

## Introduction

In health foundations, health professionals are required to face the demand for health services effectively and to range the particular goals. The efficiency of patient-centered health care firms requests on the health care team providing the health care service. Health professionals have an important influence on the quality of health care. As a part of a team of health professionals, the nurse plays a significant function in nursing services aimed at providing quality health care (1; 2; 3). For nurses providing quality and standardized care,

nurse administrative are needed. Nurse managers are predictable to react with lawful requestee, provide good nursing care, provide proof-based practices, oversee work activities of employees, support, advise and induce professional development (4). In addition to having dexterity like being artistic, fantastic, sincere, learning and managing, it is also significant that the leader at the head of the team develops himself / herself continuously (4; 5). It is expected that nurses, who play an important function in every move of health care, will have command special. driving is a operations that encourage and mobilizes

persons to realize specific targets (6). The manager, however, is the person who impact the group and makes the change in the group's behaviors. To fulfill the target of planned nursing care on ill or healthy personals, leading nurses are needed. Promoting employees, leaping job gratification and stimulus, improving corporate loyalty, faith an information arrowing environment and being open to communication are among the qualities leading nurses are request to possess (5; 6; 7). Although the leader and the manager are always looked as a whole, there are some various between administration and leadership (8). While the administrative is mission oriented, the manager support inspiring people and firms for innovation (9). The stimulus of nurses who have the widest discipline in health care is very important for providing quality service and realizing the meant community good speed (7; 3). impulse is a set of operations that motivate the subject, initiate, induce, and impact the behavior in order for the personal to do his or her job. Positively encourage persons raise organizational competence and activity. Employees' both financial and ethical impulse will can them to realize organizational targets in a shorter period of time with higher quality and less set back (10; 2; 11; 12). As it defines nurses' work behaviors and performances, work motivation is of great importance in providing quality nursing care (13). agents affecting the motivation of nurses are considered in five classes. These are workplace characteristics, working conditions, persons signs, individual priorities and psychological agents (14; 15). Participation of nurses in the resolutions made within the organization, cooperation among team organs, making individual decisions when necessary, being considered by the manager, and the fairness of the leader to everyone are the major factors affecting the motivation of the nurse (14; 1; 16). The responsibilities of the nurse managers contain ensuring the motivation of the employees. It is stated that the nurses who are motivated with being valued by the manager and gaining respectability, being supplied vocational education and training opportunities are more successful in their profession (17; 18; 16). The individual success of nurses increases

along with the confidence gained by building competence and self-improvement (17). leaders are expected to have leadership behaviors to fill with employees to work efficiently and effectively within the team (17). When the studies are examined; although there are several studies examining the effect of administrative on the motivation of health professionals in the study team (19; 20; 21; 22; 1; 23; 24; 25; 10; 3), no studies evaluating the effect of managers' leadership behaviors on nurses' motivation were found. In line with these results, in order to leap the motivation of nurses it was aimed to shed light on the development of strategies to improve the leadership behaviors of nurse managers.

### **Material and Methods:**

The study started in (the holy city of Mecca in Saudi Arabia), began writing the research and then recording the questionnaire in January 2022, and the study ended with data collection in June 2022. The researcher used the descriptive analytical path that uses a quantitative or qualitative description of the social phenomenon (Nursing leadership and its impact on the health service provided in health facilities). This sort of study is characterized by analysis, impact, objectivity, and reality, as it is concerned with persons and societies, as it studies the variables and their effects on the health of the individual, society, and consumer, the spread of diseases and their relationship to demographic variables such as age, gender, nationality, and marital status. Status, occupation (26), And use the Excel 2010 Office suite histogram to arrange the results using: Frequency tables Percentages (27). A questionnaire is a remarkable and helpful tool for collecting a huge amount of data, however, researchers were not able to personally interview participants on the online survey, due to social distancing regulations at the time to prevent infection between participants and researchers and vice versa (not coronavirus participation completely disappearing from society). He only answered the questionnaire electronically, because the questionnaire consisted of eight questions, all of which were

closed. The online approach has also been used to generate valid samples in similar studies in Saudi Arabia and elsewhere (28).

### Results and discussion:

The portion of consent by participants for the research questionnaire was 100%, while the percentage of participants' ages was as follows: 25-34 years old, 34.3%, 35-44 years old, 56.7%, and 45-55 years old, 9%. As for the gender of the male and female participants in the questionnaire, the percentage of males was 31.8%, and the percentage of females was 68.2%. Their nationalities are as follows: Saudis 83.6% and non-Saudis 16.4%. Their professions are as follows: student 3%, government employee 76.1%, private sector employee and equal workers 1.5%, housewife 17.9%, and careerist 0%. As for the educational status, it is as follows: 7.5% of those holding an intermediate certificate, 2% of high school students, 38.8% of diplomas, 43.3% of university students, 5.5% of master's students, and 2.9% of doctorates. When moving to the questionnaire questions: The first question is about the development of the nursing profession to keep pace with scientific, cultural and technological progress in the field of health services and educating society to block illness? Yes 97% and no 3%. The second question: What are the benefits of leadership development programs in enhancing connection skills, as efficient communication is crucial in health care settings because it ensures smooth collaboration between care professionals and improves patient outcomes through these programs? Yes 100% and no 0%. The third question: Is there an important advantage in leadership development programs that is the focus on developing nurses' decision-making abilities? Nurse leaders often find themselves in situations where they need to make critical decisions quickly and confidently? Yes 97% and no 3%. Question 4: Leadership development programs also emphasize the importance of an effective team in health care settings? Yes 100% and no 0%. Question 5: Nursing is more than just a profession. It is a calling that requires

dedication, compassion, and strong leadership skills. As nurses advance in their careers, it becomes necessary to nurture and develop their leadership abilities to ensure they are able to effectively guide their teams and make a positive impact on patient care. The sixth question: Does guidance play a vital role in the growth and development of nursing leaders? (The same answer: yes 100% and no 0%). As for the seventh question: Does training through lectures and seminars play a role in the growth and development of nursing leaders? Yes 98.5% and no 1.5%. The eighth question: Is leadership a quality that is acquired with experience and helps over time in the growth and development of nursing leaders? Yes 95.5% and no 4.5% (figure.No.1).

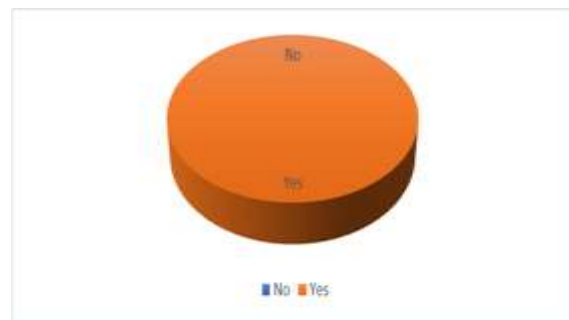


Figure No.1: Participants' opinion on nursing leadership for work flow

### Conclusion:

The importance of the role of nursing leadership in providing health services to patients in health facilities, in terms of the ability to communicate with the nursing staff easily and smoothly, the full ability to make the right decision at the right time, and the ability to distribute work among the various medical nursing staff.

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